

Announcing Online Office Ergonomic Training

- Prevent injuries such as carpal tunnel syndrome and tendonitis
- Increase productivity, quality and retention
- Save money and lost time

Society[®] Insurance and CorpMed are proud to offer you the Ergo Clinic,[®] an online tutorial proven to prevent cumulative trauma in office workers.



How does it work?

You simply send out an email to your office employees with a link to the Ergo Clinic for training. No downloading or installation is required, only access to your intranet or the Internet. The training program is delivered directly to your employees' desk at a time that is convenient for them. As they complete the 10-minute tutorial, they correctly adjust their office equipment and learn proper keyboarding technique and stretching exercises.

Cost

- 10 to 20 training sessions..... \$15 each
- 21 to 40 training sessions..... \$13 each
- 41 to 70 training sessions..... \$12 each
- 71 to 125 training sessions.....\$11 each

For an additional \$250, you can have your own custom site. Larger companies should call for a quote.

To enroll, or for more information, contact CorpMed at 858-675-9477 or Society Insurance at 888-576-2438.

Created by Occupational Physicians, the Ergo Clinic will improve the physical comfort of your employees and prevent injuries.

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