



## **OSHA 10-Hour and 30-Hour Training for Construction**

The OSHA 10-hour and 30-hour training is recognized throughout the construction industry as being a solid baseline for safety training. These courses focus on safety topics that mean the most to both general and subcontractors.

Society Risk Control can provide this safety training for your employees. Each student who completes the course will receive a completion card issued by the U.S. Department of Labor.

### **Program Overview**

- Consists of either 10 hours or 30 hours of classroom time
- Taught by an OSHA-authorized Society Risk Control professional
- Must be completed within 6 months
- Training can be completed at your business
- Course material can be tailored to your company

### **Typical Topics Covered**

- Introduction to OSHA
- Fall protection
- Electrical
- Struck by or caught between
- Personal protective equipment
- Health hazards
- Hand and power tool safety
- Hazard communication
- Scaffolding
- Excavations

### **What is the cost?**

There is no cost to customers of Society Insurance for this training.

### **How do I get started?**

You may contact your insurance agent or Society Risk Control for this value-added service.

### **Society Insurance**

Risk Control Services, [riskcontrol@societyinsurance.com](mailto:riskcontrol@societyinsurance.com)  
150 Camelot Drive, P.O. Box 1029, Fond du Lac, WI 54936-1029  
888-5-SOCIETY (888-576-2438), [societyinsurance.com](http://societyinsurance.com)

This information is advisory, and it must not be assumed that it has detected all unsafe acts or conditions. This information is designed to assist you in recognizing potential safe work problems and not to establish compliance with any law, rule or regulation.